Original Research

Journal of Advanced Veterinary Research (2023) Volume 13, Issue 8, 1678-1683

Occurrence and Public Health Importance of Ascaridoid Nematodes in Red Porgy, *Pagrus pagrus* (Perciformes: Sparidae)

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Abstract

Anisakid nematodes have been found in a variety of marine fishes worldwide and they are known to cause anisakiasis and allergic symptoms in human. One-hundred and five fish specimens of different sizes of red porgy (Pagrus pagrus) were collected randomly from Sharkia fish markets originating from the Gulf of Suez, Red Sea, Egypt and examined for the presence of ascaridoid nematodes. The overall prevalence of ascaridoids was 36.19% (38/105). Four morphotypes belonging to two genera of anisakid nematodes (Anisakis type I and Terranova type II larvae) as well as one genus of raphidascarid; Hysterothylacium (larvae and adult) were reported during this study. Hysterothylacium larvae were the most predominant species (23.81%) and abundance value =1.68. Interestingly, Pagrus pagrus was found as new host and locality records for larvae of Terranova type II. The results revealed a significant statistical correlation between fish length and number of the recovered ascaridoid nematodes (rs= 0.244, P < 0.05). There was a positive correlation between the host length and presence of Anisakis type I L₃ (rs=0.276, P < 0.001). Significant differences were observed between the occurrence of *Terranova* type II L₃ and *Hysterothylacium* L₃ occurrence (rs= 0.388, P < 0.001) and adult (rs= 0.442, P < 0.001). In addition, a highly significant relationship was observed between the presence of *Hysterothylacium* L_3 and adult (rs= 0.428, P < 0.001). Furthermore, the obtained results were lower than the recommended Egyptian standards (<100 parasites/fish), demonstrating that human health risk through consumption of fish flesh is not possible.

KEYWORDS Pagrus pagrus, Terranova, Hysterothylacium, Anisakis, Risk.

INTRODUCTION

Fish consumption has concurrently increased with its nutritional and therapeutic significance. Fish is a high protein diet that usually contains all the essential amino acids, high levels of vitamins, minerals and omega-3 fatty acids required for human life. Nevertheless, consumption of fish products has been related to approximately 56 million cases of parasitic infections (WHO, 2012). Parasitic nematodes comprise one of the largest and most diverse groups of parasitic helminths in fresh, brackish, and marine water fishes.

Nematodes of the superfamily Ascaridoidea (Nematoda: Chromadorea) include the following families: Anisakidae, Raphidascarididae, Ascarididae, Heterocheilidae, Quimperiidae and Toxocaridae. Family Anisakidae includes several genera as *Anisakis, Pseudoterranova* and *Contracaecum*. While family Raphidascarididae encompasses nine genera including *Hysterothylacium*. Although *Hysterothylacium* is now classified under the Raphidascarididae family (Fagerholm, 1991; Nadler and Hudspeth, 2000; Li *et al.*, 2018), it is still identified as an anisakid nematode rather than raphidascarids in some publications (Luque *et al.*, 2007; Lopes *et al.*, 2011; Abdel-Ghaffar *et al.*, 2015).

Among these nematodes, the anisakid larvae, the causative agents of anisakiasis or anisakidosis that pose a major problem for commercial fish industry, and possible risks to human health, (Hochberg and Hamer, 2010), as well as a potential food-borne allergen (Audicana and Kennedy, 2008; Figueiredo *et al.*, 2013; Polimeno *et al.*, 2021; Audicana, 2022).

Fish-borne anisakids and raphidascarids are widely distributed throughout the world's oceans and seas in a wide range of marine fish, cephalopods and aquatic invertebrates that act as intermediate, paratenic, or definitive hosts in their life cycle (Kuhn *et al.*, 2011). Parasitological surveys of anisakid nematodes, particularly larval stages, in consumed fish and seafood are crucial to ensure food safety. The presence of these parasites in the flesh, body cavity or visceral organs of fish should be regarded as a major threat to public health due to the possibility of post-mortem migration of these larvae to fish flesh (Cipriani *et al.*, 2015). According to Egyptian standards No. 889 of 1991, the number of parasites or worms which can be seen with the naked eye in each fish shall not exceed 100, and the percentage of fish containing these parasites shall not exceed 20% of the examined specimens (ES, 1991).

The distribution of marine ascaridoid nematodes is influenced by a wide range of abiotic and biotic factors. The effect of biotic factors such as body size, weight, sex and age of fish on the prevalence of different anisakid genera has been reported in various fish species (Adroher *et al.*, 1996; Cruz *et al.*, 2005; Valero *et al.*, 2006; Barcala *et al.*, 2018; Debenedetti *et al.*, 2019). Also, the effect of abiotic factors such as specific oceanographic or

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ecological factors at the fishing area has also been demonstrated (Molina-Fernández *et al.*, 2015; Gazzonis *et al.*, 2017; Barcala *et al.*, 2018; Debenedetti *et al.*, 2019).

Pagrus pagrus (P. pagrus) Linnaeus, 1758 (Perciformes: Sparidae), popularly known as red porgy or common sea bream, is a demersal fish species in which larval stage of several genera of anisakid nematodes (*Anisakis, Pseudoterranova, Contracaecum*) and larval stages of raphidascarids *Hysterothylacium* as well as adult stage of *H. aduncum* have been recorded (Paraguassú *et al.*, 2002; Saad and Luque, 2009; Morsy *et al.*, 2013; Soares *et al.*, 2014; Soares and Luque, 2015; Soares *et al.*, 2018). The thirdstage larvae of *Anisakis* spp. have been reported in *P. pagrus* from the state of Rio de Janeiro, Brazil (Mattos *et al.*, 2014; Soares and Luque, 2015).

The purpose of this research was to investigate the prevalence, abundance, intensity and distribution of ascaridoid nematodes infecting the common seabream or red porgy fish sold in Sharkia fish markets, as well as to determine the possible health risks associated with fish consumption. Additionally, the effect of biotic factor (fish length) on the prevalence and number of ascaridoid nematode infection was studied.

MATERIALS AND METHODS

Sample collection and processing

A total of 105 samples of *P. pagrus* originally fished from the Suez Gulf, Red Sea, Egypt was collected randomly from Sharkia fish markets between October 2018 and the end of May 2019. The fish samples were measured in centimeters (cm) for their total length, and then dissected. The body cavity and visceral organs were examined and carefully inspected with a stereo microscope for the presence of ascaridoids at the Parasitology Department laboratory, Faculty of Veterinary Medicine, Zagazig University, Egypt. The musculature was investigated using artificial tissue digestion technique (Garcia, 2001). The detected ascaridoids were collected, counted and the site of infection was noted in each specimen. Most of the nematodes obtained were examined di-

Table 1 Parasitizing parameters of ascaridoid nematodes in red porgy (P. pagrus).

rectly under a light microscope but some ascaridoids were fixed in 70% ethanol for morphological analysis under light microscope. Some larvae were individually cleared in lactophenol and mounted for morphological identification (Kruse and Pritchard, 1982). The taxonomic identification followed Cannon (1977), Deardorff and Overstreet (1981), Smith (1983), Olson *et al.* (1983), Ishii *et al.* (1989), Shih (2004), Morsy *et al.* (2013) and Shamsi *et al.* (2018). Parasitological indices (prevalence, abundance, and mean intensity) were calculated following Bush *et al.* (1997). The protocol was carried out according to guidelines of the Institutional Care and use Committee, and ethical approval was obtained from Zagazig University, Egypt (ZU-IACUC/2/F/4/2023).

Statistical analysis

The statistical analyses were carried out using SPSS version 24 (IBM Corp. Released 2016. IBM SPSS Statistics for Windows, Version 24. Armonk, NY). Spearman's rho correlation was applied to test type and strength of relationship between the fish length with the prevalence and number of parasites observed. Chi-square test was run for evaluating association between categorical variables. Logistic regression and odds ratio were used to predict the presence of the parasite and the length of the fish. Differences were considered significant when p< 0.05.

RESULTS

Ascaridoid nematodes were found in 36.19% (38/105) of the dissected red porgy. A total of 306 ascaridoids collected from the examined fish were divided morphologically into four types: *Anisakis* type I larvae (3.81%) (Plate I Figs. 1-3), *Terranova* type II larvae (22.86%) (Plate I Figs. 4-7), *Hysterothylacium* spp. larvae (23.81%) (Plate II Figs. 1-2) and *Hysterothylacium* spp. adult (9.52%) (Plate II Figs. 3-4 female and Figs. 5-7 male). The mean intensity for the respective parasites was 1.25, 3.5, 7.04 and 4.1 (Table 1). The distribution and number of recovered ascaridoid nematodes in different organs of *P. pagrus* were shown in Fig. (1). The percentage of single infection with one ascaridoid nematode

Infection parameters	Anisakis ¹ type I	Terranova ¹ type II	Hysterothylacium ¹	Hysterothylacium ^a
No. of infected fish	4	24	25	10
Prevalence	3.81%	22.86%	23.81%	9.52%
No. of parasites recovered	5	84	176	41
Maan interneiter (Min. Mars.)	1.25	3.5	7.04	4.1
Mean intensity (MinMax.)	(1-2)	(1-8)	(1-32)	(1-7)
Abundance	0.05	0.8	1.68	0.39

¹larval stage, ^a adult stage.

Table 2 Single and mixed infection of ascaridoid nematode in *P. pagrus* in relation to host size.

Host size class (cm)	No. examined	No. infected	Prevalence (%)	Single infection No. of infected fish (%)		Mixed infection with two parasite species No. of infected fish (%)			Mixed infection with three parasite species No. of infected fish (%)			
				А.	Т.	<i>H</i> . ¹	A. + T.	$T. + H.^{l}$	$T. + H.^{a}$	H . $^{l} + H$. a	$A. + T. + H.^{l}$	$T. + H.^{l} + H.^{a}$
13-14.9	16	4	25	-	-	1	-	2	1	-	-	-
15-17.9	47	14	29.79	-	3	-	-	4	1	1	-	5
18-20.9	26	10	38.46	-	2	6	-	-	-	1	-	1
21-23.9	16	10	62.5	2	3	3	1	-	-	-	1	-
Total 105	105	20	26.10	2	8	10	1	6	2	2	1	6
	105	38	30.19 -	2	0 (19.05%)			11 (10	.48%)		7 (6.0	56%)

A: Anisakis type I larvae; T: Terranova type II larvae; H: Hysterothylacium; 1 larval stage; a dult stage.



Plate I. Figs. 1-7. Photomicrographs of *Anisakis* type I larva showing 1-2 anterior end possessing boring tooth (bt), esophagus (oe), excretory pore (ep), ventriculus (V). 3 posterior end showing mucron (m) and anus (a). 4-5 photomicrographs of *Terranova* type II larva showing high magnification of anterior end which have boring tooth (bt), excretory pore (ep), intestinal caecum (ic), ventriculus (V) and intestine (i). 6-7 posterior end of *Terranova* type II larva with strongly annulated conical tail.

was 19.05 while, mixed infection with two or three ascaridoids species was reported in 17.14% of the examined samples (Table 2).



Fig. 1. Distribution of different types of ascaridoid nematodes in organs of red porgy (*P. pagrus*).

The host length was divided into four categories (13-14.9, 15-17.9, 18-20.9, and 21-23.9 cm). The prevalence of overall ascaridoid infection was observed in relation to host size. There is a gradual increase in infection rate with increasing length of fish

(Fig. 2 and Table 2). The fish length was significantly correlated with number of the recovered ascaridoid nematodes and this relationship is positive and weak (rs= 0.244, P < 0.05). Furthermore, there was a positive correlation between the host length and presence of the third stage larvae of Anisakis type I by using Spearman's rank correlation coefficient (rs=0.276, P < 0.001) and by using logistic regression model analyses [Odds ratio (OR) = 1.73 with confidence interval (1.10-2.73), P < 0.05]. In contrast, the fish length was not correlated with the presence of the third stage larvae of Terranova type II (rs =0.039, P > 0.05), Hysterothylacium L_3 (rs =0.099, P > 0.05), and Hysterothylacium adult (rs = -0.056, P > 0.05) (Table 3). There was no significant correlation existed between the site of infection and type of ascaridoid nematodes (rs= 0.123, P > 0.05). Additionally, the site of infection was statistically non-significant compared to the number of parasites (rs= 0.145, P > 0.05).

No significant differences were observed between the occurrence of *Anisakis* type I and *Terranova* type II larvae (χ^2 = 1.737, rs= 0.129, P > 0.05) and the occurrence of *Hysterothylacium* L₃ (χ^2 = 0.003, rs= 0.006, P > 0.05). On the contrary, significant differences were detected between the occurrence of *Terranova* type II larvae and *Hysterothylacium* L₃ occurrence (rs= 0.388, P < 0.001) and adult (rs= 0.442, P < 0.001). In addition, a highly significant

Table 3. Spearman's rank correlation coefficient (rs) and logistic regression model used to evaluate possible relationships among the total length of *P. pagrus*, and prevalence of ascaridoid nematodes.

Parameters	r _s	P-value	OR	CI	P-value
Length and presence of Anisakis type I larvae	0.28	< 0.001**	1.73	1.10-2.73	< 0.05*
Length and presence of Terranova type II larvae	0.04	$> 0.05^{NS}$	1.03	0.87-1.21	$> 0.05^{NS}$
Length and presence of Hysterothylacium larvae	0.10	$> 0.05^{NS}$	1.06	0.89-1.25	$> 0.05^{NS}$
Length and presence of adult Hysterothylacium	-0.06	$> 0.05^{NS}$	0.86	0.65-1.14	$> 0.05^{NS}$

OR (odds ratio) with 95% confidence interval (CI), NS non-significant, *Significant difference, **highly significant difference.

Table 4 Co-occurrences of ascaridoid nematodes pairs in P. pagrus using Spearman correlation coefficient values (rs) and chi-square values (\chi²).

Anisakid nematodes pairs	r _s	Р	χ^2	P-value of Chi- square test	P-value of Phi and Cramer's V
Terranova ^l type II and Anisakis ^l type I	0.13	$> 0.05^{NS}$	1.74	$> 0.05^{NS}$	$(0.13) > 0.05^{NS}$
Terranova ¹ type II and Hysterothylacium ¹	0.39	< 0.001**	15.81	< 0.01**	(0.39) < 0.01**
Terranoval type II and Hysterothylaciuma	0.44	< 0.001**	20.47	< 0.01**	(0.44) < 0.01**
Anisakis ¹ type I and Hysterothylacium ¹	0.01	$> 0.05^{NS}$	0.00	$> 0.05^{NS}$	$(0.01) > 0.05^{\text{NS}}$
$Hysterothylacium^l$ and $Hysterothylacium^a$	0.43	< 0.001**	19.24	< 0.01**	(0.43) < 0.01**

¹larval stage, ^a adult stage, NS non-significant, **highly significant difference.



Plate II. Fig. 1-7. Photomicrographs of *Hysterothylacium* spp. showing 1&2 anterior and posterior ends of *Hysterothylacium* spp. larva which ends with cactus tail and anal opening. 3 anterior end of *Hysterothylacium* spp. female being equipped by three lips with interlabium in between and provided with papillae. 4 posterior end of *Hysterothylacium* spp. female with short cactus tail. 5-6 *Hysterothylacium* spp. male anterior end showing excretory pore (ep). 7 posterior end of *Hysterothylacium* spp. male with two spicules and short cactus tail.

relationship was observed between the presence of *Hysteroth-ylacium* L_3 and adult (rs= 0.428, P < 0.001) as shown in Table 4.



Fig. 2. The prevalence of ascaridoid nematodes in *P. pagrus* in relation to host size. Sample size is indicated for each data point. The host size classes are 1: 13-14.9 cm, 2: 15-17.9 cm, 3: 18-20.9 cm and 4: 21-23.9 cm.

DISCUSSION

A wide variety of nematodes was found in fishes from the Gulf of Suez (Nada and Abd El-Ghany, 2011; Morsy et al., 2013; Abd El-Ghany et al., 2023). The current study showed that a wide variety of ascaridoid nematodes was found in P. pagrus. Only Hysterothylacium spp. was previously observed in this host from the same area for the first time (Morsy et al., 2013). This diversity could be related to the feeding habits of this host, which feeds on a wide range of benthic and other demersal fish as well as invertebrates (Haimovici et al., 1994), and may therefore become subjected to various possible intermediate and paratenic hosts of ascaridoids nematodes. Several studies on infection of red porgy with anisakid and raphidascarid nematodes have been recorded worldwide, including Egypt (Nada and AbdEl-Ghany, 2011; Morsy et al., 2013) and Brazil (Paraguassú et al., 2002; Saad and Lugue, 2009; Soares et al., 2014; Soares and Lugue, 2015; Soares et al., 2018). The present study revealed that 38 fish specimens (36.19 %) were positive for one or more ascaridoid nematodes, which were detected as single or mixed infections. Some studies showed a higher prevalence in this fish; 88% (São Clemente et al., 1994), 59% (Paraguassú et al., 2002), 59.09% (Nada and Abd El-Ghany, 2011), 53.7% (Soares et al., 2014) and 58% (Soares and Lugue, 2015). These results probably varied because of geographical factors, the availability of the parasites' potential intermediate and final hosts, environmental conditions and variations in the number and size of fish samples studied.

that these ascaridoids represented four different morphotypes belonging to three different genera: Anisakis, Terranova and Hysterothylacium. Only five individuals of these recovered anisakids were morphologically classified as Anisakis type I larvae and 84 individuals were identified as Terranova type II larvae. In addition, two different morphotypes of Hysterothylacium spp. (Raphidascarididae) were identified, comprising 176 individuals of Hysterothylacium larval type as well as 41 individuals of the adult stage. The most prevalent ascaridoid nematode was Hysterothylacium spp. larvae with a prevalence of 23.81% and a mean intensity of 7.04 (intensity 1-32). The predominance of *Hysterothylacium* spp. larvae in the same fish host was agreed with Soares et al., 2014; Soares and Luque, 2015; Soares et al., 2018 who reported a high prevalence of 90, 92 and 89.19%, respectively from the state of Rio de Janeiro, Brazil. Likewise, Morsy et al. (2013) recorded a higher infection (44.2%) in the intestine of P. pagrus at coasts of the Gulf of Suez and Hurgada City at Red Sea, Egypt. On the other hand, lower prevalence (1.74%) was found in different species of Sparid fishes (Genc, 2002). This anisakid genus was also reported from Sparid fish, Pagellus acarne (Petter and Cabaret, 1995). Paraguassú et al. (2002) isolated Contracaecum spp. with a percentage of 93.3. Nevertheless, Soares et al. (2014) reported that the authors incorrectly identified the larvae of Hysterothylacium as Contracaecum larvae based on the location of excretory pore. Additionally, Hysterothylacium spp. adult was detected in stomach and large intestine of ten fishes (9.52%), while H. aduncum was recovered from intestine only of the same fish species (Morsy et al., 2013).

A total of 306 ascaridoid nematodes were isolated from 38

P. pagrus. Based on morphological characters, it was observed

Concerning the public health significance, all the detected anisakid nematodes (larvae or adults) identified during this survey were detected in the body cavity or visceral organs that are not consumed by humans, and no larvae were observed in the musculature. This finding was in accordance with Cruz et al., 2005, and may be attributed to the feeding habits of the host. The present data revealed a marked prevalence of ascaridoid nematodes in body cavity (39.87%) of infected fish. Smith, 1984 claimed that the distribution of anisakid larvae is primarily controlled by the conditions encountered within host tissues and may be linked to the availability of nutrients. Although no larvae have been found in the musculature of the examined fish, their significance as a possible source of human infection cannot be ignored (Smith and Wootten, 1975), as the flesh can be readily contaminated when the fish samples are eviscerated and handled. According to Cipriani et al. (2015) Anisakis larvae have the potential to migrate from the body cavity and/or visceral tissues to the flesh after the fish dies. The distribution pattern of these ascaridoid larvae (Anisakis type I and Terranova type II and Hysterothylacium spp.) in

the body cavity or visceral organs indicating that this fish species could act as intermediate or paratenic host for these nematodes (Smith, 1983). In addition, *Hysterothylacium* spp. adult was found in the stomach and intestine, suggesting that *P. pagrus* may serve as their definitive host (Køie, 1993; Shih and Jeng, 2002).

In the present study, single infection was higher than mixed infection in the fish under investigation. Mixed parasitic infections revealed 6 different associations of the identified ascaridoid nematodes (Table 3). These associations varied from double to triple parasitic mixed infections. This result was disagreed with Kassem and Bowashi, 2015 who observed that mixed infection was higher than single infection in all fishes.

With regard to Anisakis type I larvae infection, the rate of infection of Anisakis type I larvae in common sea bream or red porgy was 3.81% with intensity of (1-2) and all larvae were found in body cavity. Meanwhile, Paraguassú et al. (2002); Mattos et al. (2014); Soares et al. (2014); Soares and Luque (2015) and Soares et al. (2018) had a higher prevalence of 7.7, 22.22, 40, 23 and 16.22%, respectively. Moreover, a total of 84 Pseudoterranova larvae were found to be parasitizing P. pagrus. All of them were identified as Terranova type II larvae (prevalence: 22.86%; abundance: 0.80; intensity: 1-8). Lower prevalence (6.6%) was detected by Paraguassú et al. (2002). On the other hand, Soares et al. (2014); Soares and Luque (2015) and Soares et al. (2018) did not detect this parasite. Interestingly, Terranova larval type II has not been previously reported in Red Sea fish; thus, this study is a new geographical record; nevertheless, previous publications have described specimens simply as Terranova sp. or Pseudoterranova sp. larvae with no further clarification as to type (Nada and AbdEl-Ghany, 2011; Al-Zubaidy et al., 2012). This species has been reported by Shamsi et al. (2015, 2018) in several fish species in New Caledonia.

The fish length was an influential factor for parasitization by ascaridoid nematodes in the fish species examined, indicating that larger specimens may pose a higher risk of infection. A significant positive correlation between the host length and the number of ascaridoid nematodes was observed in our study (rs= 0.244, P < 0.05) which can be due to the cumulative effect of frequent parasite infections, acquired over a longer lifetime for larger (older) fish and constant dietary reinfection. Likewise, Karpiej *et al.* (2013) found that the number of parasites increased with the fish length (rs= 0.300; P < 0.005). A similar positive correlation was observed also in *P. pagrus* from Rio de Janeiro, Brazil by Paraguassú *et al.* (2002) and Soares *et al.* (2014). In addition, Pulleiro-Potel *et al.* (2015), Barcala *et al.* (2018) and Gaglio *et al.* (2018) reported an affirmative association between standard length and prevalence in the examined fish samples (p < 0.05).

The presence of a significant association between Anisakis type I L₂ prevalence and length (rs= 0.276, p < 0.001) was in accordance with Young's (1972) hypothesis; where, the distributions of Anisakis simplex L₃ in fish are expected to be primarily influenced by fish size. Similarly, a recent study considered fish size as a significant predictor of Anisakis spp. occurrence in most fish species except for mackerel (Levsen et al., 2018). The size of the host is directly related to the host age and therefore, the high level of parasitization in older specimens may be attributed to the cumulative parasitization over time through the diet and the higher probability of infection, leading to higher rates of abundance and prevalence (Strømnes and Andersen, 2000). Logistic regression model analysis, carried out to examine the effect of host length upon infection with different ascaridoid nematodes of red porgy, showed that the risk of infection by Anisakis type I larvae increases 1.73 times for every additional cm in the length of the red porgy, as previously reported by Molina-Fernández et al. (2015) in sardines (Sardina pilchardus) from Iberian waters, southwestern Europe. On the other hand, the fish length had no significant effect on occurrence of *Pseudoterranova* L, (rs =0.039, P > 0.05), Hysterothylacium L₂ (rs =0.099, P > 0.05), and Hysterothylacium adult (rs =- 0.056, P > 0.05) in P. pagrus, which is perhaps unexpected. Although our data on body length of *P. pagrus* did not show a significant association to larvae of Hysterothylaci*um* spp. infection [Odds ratio (OR) = 1.06 with confidence interval (0.89-1.25), P > 0.05], the body length of the same host from Rio de Janeiro, Brazil demonstrated to be a risk factor associated to the *Hysterothylacium* infection (Soares *et al.*, 2014).

CONCLUSION

The results of this study suggest that red porgy, *P. pagrus* caught in Suez Canal are susceptible to parasitization by many ascaridoid nematodes and can act as intermediate or paratenic host as well as definitive host for these nematodes. Positive correlations between numbers of anisakid, *Anisakis* type I larvae prevalence and fish length were observed in our study. These results provide important basic knowledge about the occurrence and infection parameters of ascaridoid nematodes in this marine fish. In conclusion, a higher prevalence of the parasite in the viscera and body cavity was found rather than in the flesh, indicating that consumption of fish flesh does not pose a risk to human health as well as the quick evisceration after catching is suggested as an effective preventive measure.

CONFLICT OF INTEREST

The authors declare that they have no conflict of interest.

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