# Anthelmintic resistance in gastrointestinal nematodes of sheep and goats: A systematic review

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## **ARTICLE INFO**

ABSTRACT

Recieved: 10 April 2025

Accepted: 03 May 2025

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Keywords:

Anthelmintic resistance, Gastrointestinal nematodes, Control, Mechanisms, Small ruminant Helminthosis caused by various parasitic nematodes, cestodes, and trematodes is especially important in small ruminant production due to loss of productivity and health challenges caused by infestations. The control of helminthosis in ruminants depends on various types of benzimidazole, macrocyclic lactone, and imidazothiazole anthelmintics. Unfortunately, prolonged indiscriminate use of these drugs has led to anthelmintic resistance (AR) in gastrointestinal nematodes (GINs) of ruminants. AR is a heritable loss of sensitivity of a parasite population to a previously effective anthelmintic. Understanding the mechanisms underlying AR is crucial for sustainable parasite management. This systematic review was conducted to answer the research question: "What is the prevalence, distribution, diagnosis, and molecular basis for anthelmintic resistance in gastrointestinal nematodes of small ruminants?" This paper attempts to present current knowledge on the occurrence, mechanisms, global situation, and diagnosis of anthelmintic resistance in Trichostrongyle nematodes of sheep and goats with reference to the situation in Malaysia. Eligible original research articles published between January 1, 1990, and April 30, 2024, from the Scopus and PubMed databases were retrieved and analyzed based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA). The results of the study showed that benzimidazole, macrocyclic lactone, and imidazothiazole resistance is rampant in 9 different species of gastrointestinal nematodes globally. Haemonchus, Trichostrongylus, and Teladorsagia are the most widely reported anthelmintic-resistant Trichostrongyles in small ruminants globally. In vivo FECRT is still the most widely used method for detecting anthelmintic resistance in sheep and goats. Key resistance markers include mutations in the  $\beta$ -tubulin gene for benzimidazole resistance, the acr-8 gene for imidazothiazole resistance, and increased P-glycoprotein (P-gp) expression for macrocyclic lactone resistance. Despite current research efforts, data is lacking on the molecular markers for resistance in many gastrointestinal nematode species and the resistance status of hydropyrimidines, requiring further studies in this area. Therefore, future studies need to focus on developing standardized molecular diagnostics for detecting resistance in prevalent pathogenic Trichostrongyles for more efficient tracking of resistance. Sustainable control using proper dosing of anthelmintics, rotation of anthelmintics, the refugia principle, and combination therapy can slow down the emergence of resistance in nematode populations

## Introduction

Small ruminants are known to play important roles in rural economies through the provision of animal protein and income in pastoral communities (Devendra, 2010) which experience low agricultural productivity due to frequent droughts and scarcity of resources (Pulina et al., 2017). Parasitic gastroenteritis (PGE) is an endemic problem in pastured sheep and goat populations globally (Calvete et al., 2014; Mpofu et al., 2022), and their infections causes negative health and production outcomes (Paul et al., 2020). Haemonchus contortus, Trichostrongylus colubriformis, and Teladorsagia circumcincta are the most prevalent species of Trichostrongyles affecting sheep and goats (Bishop and Morris, 2007; Julienne et al., 2021), but H. contortus and T. circumcincta are the most pathogenic species causing PGE (Mbaya et al., 2010; Mpofu et al., 2020), which is associated with severe diarrhoea, anaemia, reduced weight gain, retarded growth, decreased productivity, and mortality in sheep and goats (Paul et al., 2020). The distribution of Trichostrongyles in small ruminants populations varies widely across different geographies due to differences in local ecological conditions (Dorny et al., 1995; Sharma and Ganguly, 2016; Paul et al., 2020). The prevalence of Trichostrongyles among small ruminants in the tropics is associated with grazing under the semi-intensive management system of livestock production (Chandrawathani et al., 1999; Thongsahuan et al., 2014; Zainalabidin et al., 2015; Mohammed et al., 2016; Paul et al., 2020) and a favourable humid tropical climate, which

ensures the success of the environmental stages of the parasites (Ikeme *et al.*, 1987; Chandrawathani *et al.*, 1999).

Chemical control of PGE traditionally relies on the use of anthelmintic drugs (Mickiewicz et al., 2021). Modern anthelmintic control in grazing animals still employs regular deworming with anthelmintics to reduce the density of infective larvae on pasture (Coles et al., 1992, 2006). The Benzimidazoles such as Albendazole; Imidazothiazoles such as Levamisole; Macrocyclic Lactones such as Ivermectin; and Pyrimidines such as Pyrantel are the four main groups of broad-spectrum anthelmintics used for deworming in grazing animals to control gastrointestinal nematodes globally (Coles et al., 2006; Sonibare et al., 2016; Kotze et al., 2020; Mickiewicz et al., 2021). Although, these drugs and their analogues were used effectively to control the pathogenic gastrointestinal nematodes and increase the productivity of grazing ruminants in the past (Sonibare et al., 2016), the emergence of multiple anthelmintic resistance has become a significant concern globally, compromising the effectiveness of these drugs and limiting treatment options for farmers (Waller, 1997, 2006; Sissay et al., 2006; Charlier et al., 2014). Anthelmintic resistance (AR) can be defined as a transmissible loss of sensitivity of a parasite population to an anthelmintic that was previously effective against the same helminth (Fissiha and Kinde, 2021). Anthelmintic resistance has been recognized as a severe crisis in areas with resistance to multiple anthelmintic drugs (Waller, 1997). In small ruminants, the development of anthelmintic resistance is evident in Cooperia spp., Haemonchus spp., Oesophagostomum

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spp., *Teladorsagia* spp. and *Trichostrongylus* spp. (Baudinette *et al.*, 2022), but the prevalence is highest in *H. contortus*, making it the most economically important gastrointestinal nematode in small ruminants (Fleming *et al.*, 2006). The mechanisms underlying AR are multifaceted, involving genetic changes in the parasites that affect drug uptake, metabolism, and target site sensitivity (Shalaby, 2013). Anthelmintic resistance mechanisms include mutation or deletion of one or more amino acids in the target genes, reduction in the number of receptors, decreased affinity of receptors for drugs, and absence of bioactivating enzymes (Abongwa *et al.*, 2017).

There are widespread reports on the prevalence and impact of anthelmintic resistance in gastrointestinal nematode parasites of small ruminants globally (Chartier et al., 2001; Mortensen et al., 2003; Fleming et al., 2006; Chandrawathani et al., 2013; Ramünke et al., 2016; Hinney et al., 2020; Amaral et al., 2021; Untersweg et al., 2021; Dyary and Banaz, 2021; Fissiha and Kinde, 2021; Batista et al., 2023; Devos et al., 2024). Although anthelmintic resistance is well documented in West Malaysia (Dorny et al., 1994; Chandrawathani et al., 1999, 2004; Chandrawathani, 2004; Khadijah et al., 2006; Basripuzi et al., 2012; Chandrawathani et al., 2013; Premaalatha et al., 2014; Khadijah et al., 2018; Wong and Sargison, 2018), the anthelmintic resistance status of gastrointestinal nematodes of sheep and goat flocks is unknown in Sarawak. This systematic review was conducted to answer the research question: "What is the prevalence, distribution, diagnosis, and molecular basis for anthelmintic resistance in gastrointestinal nematodes of small ruminants?" This review presents current knowledge on the occurrence, mechanisms, global situation, and diagnosis of anthelmintic resistance in Trichostrongyle nematodes of sheep and goats with reference to the situation in Malaysia.

## **Materials and methods**

## Study design

This study was designed based on the updated Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guideline for reporting systematic reviews in 2020 (Page et al., 2021). A total of 224 Scopus records of original peer-reviewed research articles written in the English Language reporting anthelmintic resistance in sheep and goats were considered eligible for this systematic review. The scope of review covers all epidemiological studies based on the standard phenotypic (In vivo faecal egg count reduction test - FECRT) or molecular methods (PCR or sequencing-based tests) for detecting anthelmintic resistance in small ruminant livestock (Coles et al., 2006). The In vivo FECRT is currently recognised by the World Association for the Advancement of Veterinary Parasitology (WAAVP) as the gold standard method for detecting anthelmintic resistance for all classes of anthelmintics (Coles et al., 1992, 2006; Sabatini et al., 2023). The FECRT assumes that faecal egg counts reflect the population of adult worms in the host and estimates efficacy by comparing pre-treatment and post-treatment faecal egg counts to determine the percentage reduction (Demeler et al., 2010).

## Literature search and data quality control

A comprehensive literature search was conducted in the SCOPUS database using the Condition, Context, and Population (CoCoPop) search terms (Munn *et al.*, 2015, 2018). Our search term combined the following keywords: "prevalence" AND "anthelmintic" AND "resistance" AND "mechanisms" AND "nematodes" AND "ruminants" AND "sheep" AND "goats". Based on this search, studies on anthelmintic resistance among sheep and goat flocks published from January 1, 1990, to December 31, 2024, were considered. In this review, we defined anthelmintic resistance as "the heritable reduction in the sensitivity of nematode population to the action of an anthelmintic in sheep and goat population based on the result of the phenotypic or genotypic test". Overall, there were 903 research articles matching the search criteria. These were initially streamlined using the SCOPUS automation tools to filter for only articles in Veterinary Sciences AND Agricultural and Biological Sciences (n=341 records were excluded). The remaining 562 records were further filtered to include only full-length research articles published in English (n=338 were excluded). The remaining 224 records were thoroughly screened by assessing the titles, abstracts, and whole papers for completeness of contents against the set eligibility criteria following the WAAVP guidelines for testing anthelmintic resistance in ruminants (n=193 were excluded). Furthermore, all studies that didn't report the nematode species or the specific anthelmintic used were excluded (n=6). Two investigators screened and selected research articles to minimize selection bias. Information extracted by the first investigator was further scrutinized for data entry errors, and all discrepancies in entries were resolved following a consensus between the two investigators.

## Data extraction and processing

The literature synthesis was done narratively since none of the articles included in our study had comparable numerical values to permit quantitative analysis. The required information, such as the country, the method of detecting anthelmintic resistance, class of anthelmintic, and nematode species, was extracted from eligible papers and stored in a Microsoft Excel® spreadsheet Program 2024. Summarized data on the global status of anthelmintic resistance among sheep and goats was presented descriptively as proportions in tables. The global distribution of anthelmintic resistance was presented on a point distribution map constructed using Maptive®, an open-source web-based mapping software.

## Results

#### Characteristics of the eligible studies

A total of 42 research articles were included in this systematic review comprising 32 epidemiological studies reporting the occurrence of anthelmintic resistance in sheep and goats based on the results of faecal egg count reduction test (FECRT), egg hatch assay (EHA), or molecular methods based on PCR or sequence analysis, and 10 studies based on the molecular mechanisms of nematode resistance to anthelmintics in sheep and goats. As shown below, these studies were carefully selected based on the predetermined inclusion criteria (Figure 1).



Figure 1. Flow diagram of inclusion criteria and selection of studies in the review

## Global distribution of anthelmintic-resistant nematodes in small ruminants

Among the 9 different nematode genera associated with anthelmintic resistance in sheep and goats globally, *Haemonchus* spp. (42%) is the most frequently reported, followed by *Trichostrongylus* spp. (20%), *Teladorsagia* spp. (17%), and *Oesophagostomum* spp. (7%). While *Cooperia* spp., *Ostertagia* spp., *Bunostomum* spp., *Nematodirus* spp., and *Trichuris* spp. were rarely associated with resistance in small ruminants (Figure 2).



Figure 2. Frequency of anthelmintic-resistant nematode genera in sheep and goats.

## Frequency distribution of resistance associated with various chemical classes of anthelmintics

Among the 4 major classes of anthelmintics used for controlling PGE in small ruminants, the BZ group (84.4%) is the most frequently associated with resistance among nematodes of sheep and goats, followed by ML (43.8%) and IMZ (21.9%), while HPD (15.6%) is the least frequently associated with resistance in literature (Figure 3).



Figure 3. Frequency of reported resistance to major anthelmintics in sheep and goats

## Global prevalence distribution of anthelmintic resistance in small ruminants

Anthelmintic resistance is currently reported in 21 countries from 5 continents. Europe had the highest frequency, involving 11 (52.4%) countries, followed by Asia with 6 (28.6%) countries, America with 2 (9.5%) countries, and Africa with 2 (9.5%) countries that reported anthelmintic resistance in sheep and goats during 1990-2024 (Figure 4).

## Distribution of anthelmintic resistance in different states of Malaysia

In Malaysia, there are currently11 published reports from 6 different states on the occurrence of anthelmintic resistance involving *Trichostron-gylus* spp., *Oesophagostomum* spp., and *Bunostomum* spp. Resistance of *H. contortus* to Benzimidazoles was first reported in the early 1990s. Since then, there has been a rapid emergence of resistance involving mainly Benzimidazoles and Macrocyclic lactones with low frequencies of resis-

tance to Imidazothiazoles and Hydropyrimidines (Figure 5).



Figure 4. Point distribution map of anthelmintic resistance in nematodes of sheep and goats globally



Figure 5. Point distribution map of anthelmintic resistance in nematodes of sheep and goats in Malaysia.

#### Methods for the detection of anthelmintic resistance

In this study 89.7% of published studies that reported anthelmintic resistance used mainly the FECRT as the primary method for detecting resistance in sheep and goat gastrointestinal nematodes. Although molecular methods offer a more sensitive alternative method for diagnosis of AHR, only 15% of published reports included in this review used molecular methods for detecting anthelmintic resistance in small ruminant gastrointestinal nematodes. Furthermore, only 10% of published studies included in this review have used *In vitro* method, specifically the egg hatch test (EHT), for detecting anthelmintic resistance (Table 1).

## Mechanisms of anthelmintic resistance

At least one mechanism of AR has been described in the three major anthelmintics classes associated with resistance in gastrointestinal Nematodes of sheep and goats (Table 2).

#### Discussion

This review aimed to present current knowledge on the occurrence and mechanisms of anthelmintic resistance in pathogenic *Trichostrongyle* nematodes of small ruminants, its global spread, and diagnosis, with reference to the situation in Malaysia. The review was conducted to answer the research question: "What is the prevalence, distribution, diagnosis, and molecular basis for anthelmintic resistance in *Trichostrongyle* nematodes of small ruminants?" The results of study showed that Benzimidazole, Macrocyclic Lactone, and Imidazothiazole resistance is rampant in pathogenic *Trichostrongyle* nematodes of small ruminants in Africa, Asia, Europe, and the Americas. The results also revealed that 9 different species of PGE causing *Trichostrongyle* nematodes are associated with anthelmintic resistance in sheep and goats globally. This review has further revealed that Benzimidazoles, Macrocyclic Lactones, Imidazothiazoles, and Hydropyrimidines are the four groups of broad-spectrum anthelmintics that are currently used for treating grazing animals to control PGE caused by Trichostrongyle nematodes globally. The finding of Haemonchus with Trichostrongylus, and Teladorsagia as the most widely reported anthelmintic-resistant Trichostrongyles in small ruminants in this review underscores their economic importance in small ruminant production globally (Fleming et al., 2006). Widespread reports suggesting high frequency of resistance to the BZ (84.4%) and ML (43.8%) in Trichostrongyle nematodes, especially Haemonchus, in small ruminants represents a significant threat to the chemical control of PGE and sustainability of small ruminant farming worldwide (Niciura et al., 2019) due to increased cost associated with treatment failure and limited effective treatment options (Kaplan and Vidyashankar, 2012), an increased burden caused by morbidity and mortality (Geurden et al., 2014). Moreover, Haemonchus is prevalent globally, have high pathogenicity and high biotic potentials, making it even more difficult to control (Soulsby, 1982; Roeber et al., 2013). Indiscriminate use of anthelmintic drugs is responsible for the

emergence of resistance (Charlier *et al.*, 2014). Frequent treatments, underdoses, genetics of the parasite, targets and poor timing of mass treatments are recognised as the main risk factors for anthelmintic resistance in ruminant livestock (Fissiha and Kinde, 2021).

In Africa, resistance to Albendazole, Levamisole, Tetramisole, and Ivermectin involving *Trichostrongylus*, *Teladorsagia*, and *Haemonchus* among sheep flocks was reported in Ethiopia (Mekonnen, 2007; Wondimu and Bayu, 2022). Additionally, resistance to Albendazole, Levamisole, and Ivermectin in *Haemonchus contortus* was also reported among sheep flocks in south Africa (Van Wyk *et al.*, 1999). In the America's, resistant strains of *Trichostrongyles* of sheep and goats were reported in North America (Waller *et al.*, 1996). In southcentral United States, Albendazole and Ivermectin resistant strains of *H. contortus* were detected in small ruminant farms (Tsukahara *et al.*, 2017). In Rio Grande do Sul, Brazil, the prevalence of resistance was 90% for Benzimidazole, 84% for Levamisole, 13% for Ivermectin, 73% for the combination, and 20% for Closantel anthelmintics and the primary resistant nematode species identified was *Haemonchus contortus* (Waller *et al.*, 1996). Multi-drug resistance in-

Table 1. Summary of resistant nematode species and methods used for detecting anthelmintic resistance globally.

Country	Diagnostic method	Resistant species	Anthelmintic	References
Austria	Genotyping by sequencing	H. contortus, Trichostrongylus colubriformis Trichostrongylus circumcincta	Benzimidazole	(Hinney et al., 2020)
Austria	In vivo FECRT	Haemonchus contortus	Fenbendazole Albendazole Ivermectin Doramectin Moxidectin Monepantel	(Untersweg et al., 2021)
Bangladesh	In vivo FECRT In vitro EHA	Haemonchus, Oesophagostomum Trichostrongylus	Benzimidazole	(Dey et al., 2020)
Brazil	Genotyping by PCR and sequencing	Haemonchus contortus	Benzimidazole	(Amaral <i>et al.</i> , 2021)
Brazil	In vivo FECRT	Haemonchus, Trichostrongylus	Ivermectin Albendazole	(Batista et al., 2023)
Colombia	In vivo FECRT	Haemonchus, Trichostrongylus	Albendazole Levamisole Ivermectin Moxidectin	(Chaparro et al., 2017)
Ethiopia	In vivo FECRT	Haemonchus, Trichostrongylus	Albendazole Levamisole Ivermectin	(Mekonnen, 2007)
Ethiopia	In vivo FECRT	Trichostrongylus, Teladorsagia, Haemonchus	Albendazole Tetramisole Ivermectin	(Wondimu and Bayu, 2022)
France	In vivo FECRT	Teladorsagia, Trichostrongylus, Haemonchus	Benzimidazole, Levamisole	(Chartier et al., 1998)
France	In vivo FECRT In vitro EHA	Trichostrongylus colubriformis, Haemonchus contortus, Teladorsagia circumcincta	Benzimidazole	(Chartier <i>et al.</i> , 2001)
France	Genotyping by PCR and sequencing	Trichostrongylus axei	Benzimidazole	(Palcy et al., 2010)
France	In vivo FECRT	Haemonchus contortus	Eprinomectin	(Jouffroy et al., 2023)
Germany	In vivo FECRT	Haemonchus contortus	Benzimidazole Levamisole Ivermectin Moxidectin Monepantel	(Voigt et al., 2022)
Greece	In vivo FECRT	Teladorsagia, Trichostrongylus, Haemonchus	Benzimidazole Levamisole Ivermectin Moxidectin	(Geurden et al., 2014)
India	Genotyping by PCR-RFLP	Haemonchus contortus	Benzimidazole	(Nath et al., 2022)
Iraq	In vivo FECRT	Trichostrongylus Nematodirus, Trichuris	Ivermectin Levamisole	(Dyary and Banaz, 2021)
Ireland	In vivo FECRT	Haemonchus Teladorsagia, Trichostrongylus	Benzimidazole	(Ramünke et al., 2016)
Italy	In vivo FECRT	Haemonchus Teladorsagia, Trichostrongylus	Benzimidazole	(Ramünke et al., 2016)
Malaysia	In vivo FECRT	Haemonchus contortus	Benzimidazole	(Pandey and Sivaraj, 1994)
Malaysia	In vivo FECRT	Haemonchus contortus	Benzimidazole	(Dorny et al., 1994)
Malaysia	In vivo FECRT	Haemonchus contortus	Levamisole, Closantel, Ivermectin	(Chandrawathani et al., 1999)
Malaysia	In vivo FECRT	Haemonchus contortus	Benzimidazole Levamisole Ivermectin	(Chandrawathani et al., 2003)
Malaysia	In vivo FECRT	Haemonchus, Trichostrongylus	Benzimidazole, Closantel	(Nor-Azlina et al., 2011)
Malaysia	In vivo FECRT	Haemonchus contortus, Trichostrongylus, Oesophagostomum	Albendazole, Ivermectin	(Basripuzi et al., 2012)
Malaysia	In vivo FECRT	Haemonchus contortus, Trichostrongylus	benzimidazoles Ivermectin	(Chandrawathani et al., 2013)
Malaysia	In vivo FECRT	Haemonchus contortus Trichostrongylus Oesophagostomum	Benzimidazoles Levamisole Macrocyclic Lactones Closantel	(Premaalatha et al., 2014)
Malaysia	In vivo FECRT	Haemonchus contortus Oesophagostomum, Bunostomum	Benzimidazole	(Sabariah <i>et al.</i> , 2017)

Table 1 (Continue). Summary of resistant nematode species and methods used for detecting anthelmintic resistance globally.

Country	Diagnostic method	Resistant species	Anthelmintic	References
Malaysia	In vivo FECRT	Haemonchus contortus Trichostrongylus Oesophagostomum	Benzimidazole Macrocyclic Lactones	(Premaalatha et al., 2019)
Malaysia	In vivo FECRT	Haemonchus contortus	Albendazole, Levamisole Fenbendazole Ivermectin	(Abd Majid <i>et al.</i> , 2022)
Malaysia	In vivo FECRT Genotyping by PCR	Haemonchus contortus	Benzimidazole	(Khadijah <i>et al.</i> , 2018)
Netherlands	In vivo FECRT	Haemonchus contortus Trichostrongylus, Teladorsagia	Oxfendazole Ivermectin, Mox- idectin, Monepantel	(Ploeger and Everts, 2018)
Netherlands	In vivo FECRT	Haemonchus contortus, Tela- dorsagia circumcincta, Trichos- trongylus colubriformis	Oxfendazole Ivermectin, Levamisole	(Borgsteede et al., 1997)
Norway	In vivo FECRT	Teladorsagia Trichostrongylus Haemonchus	Albendazole	(Domke <i>et al.</i> , 2012)
Scotland	In vitro EHA	Teladorsagia	Benzimidazole	(Bartley et al., 2003)
Slovak Republic	In vivo FECRT	Ostertagia, Trichostrongylus, Cooperia, Haemonchus	Ivermectin, Albendazole	(Čerňanská et al., 2006)
South Africa	In vivo FECRT	Haemonchus contortus	Albendazole, Levamisole, Ivermectin	(Van Wyk et al., 1999)
Sweden	In vivo FECRT Genotyping by PCR and sequencing	Haemonchus contortus	Monepantel	(Höglund et al., 2020)
Switzerland	In vivo FECRT	Haemonchus, Teladorsagia Trichostrongylus	Benzimidazole	(Ramünke <i>et al.</i> , 2016)
United States	In vivo FECRT In vitro EHT	Haemonchus	Albendazole, Eprinomectin Levamisole	(Tsukahara <i>et al.</i> , 2017)

Table 2. Common mechanisms of anthelmintic resistance in Trichostrongyles of sheep and goats.

Drug	Target	Molecular change	Resistant species	References
Benzimidazoles	β-tubulin gene SNPs at F200Y, E198A, E198L and F167Y	Mutations alter the binding site of Benzimidazoles, reducing drug efficacy.	Haemonchus contortus Teladorsagia circumcincta Trichostrongylus	(Silvestre and Humbert, 2002; Palcy <i>et al.</i> , 2010; Beech <i>et al.</i> , 2012; Morrison <i>et al.</i> , 2014; Baltrušis <i>et al.</i> , 2018, 2020; Kotze <i>et al.</i> , 2020).
Macrocyclic Lactone	Mutation of the P-glycoprotein (P-gp) homologue	Increased expression of P-gap increases drug efflux and reduce drug concentration at target sites	Haemonchus contortus	(Xu et al., 1998; Beech et al., 2012; Urdaneta-Marquez et al., 2014; Maté et al., 2018; Antonopoulos et al., 2022, 2024; Luo et al., 2023).
Imidazothiazoles	S168T mutation in the acetylcho- line receptor (acr-8) subunit gene	Reduces sensitivity to levami- sole by decreasing the acetyl- choline receptor, reducing drug binding affinity to the receptor, and decreasing drug effective- ness in paralyzing the parasite	Haemonchus contortus	(Antonopoulos et al., 2022, 2024)

volving Benzimidazoles, Imidazothiazoles, and Macrocyclic lactones in H. contortus and T. colubriformis was reported in sheep flock in Antioquia, Colombia (Chaparro et al., 2017). Moreover, resistance of Haemonchus and Trichostrongylus species to Benzimidazole and Ivermectin occurred in sheep flocks from Brazil (Amaral et al., 2021; Batista et al., 2023). In Europe, the resistance of Trichostrongyles such as H. contortus, Trichostrongylus colubriformis, and Teladorsagia circumcincta to Benzimidazoles such as Fenbendazole and Albendazole (Hinney et al., 2020) and Macrocyclic Lactones such as Ivermectin, Doramectin, and Moxidectin (Untersweg et al., 2021) has been reported in small ruminant flocks in Austria. Resistance to Benzimidazole and Levamisole (Chartier et al., 1998, 2001; Palcy et al., 2010), and Eprinomectin (Jouffroy et al., 2023) were documented in Teladorsagia, Trichostrongylus, and Haemonchus species in sheep and goats in France. In The Netherlands, Benzimidazole-resistant strains of H. contortus, Cooperia spp., Ostertagia spp., Trichostrongylus spp. and Teladorsagia spp. were also reported in small ruminants (Borgsteede et al., 1997). In Sweden, Monepantel-resistant strains of Haemonchus contortus was reported in sheep (Höglund et al., 2020). Benzimidazole-resistant strains of Haemonchus, Teladorsagia, and Trichostrongylus

species were reported among small ruminants in Switzerland (Ramünke *et al.*, 2016), Norway (Domke *et al.*, 2012), and Ireland (Ramünke *et al.*, 2016), in addition to *Teladorsagia* species in Scotland (Bartley *et al.*, 2003). In Greece, AR against LEV and BZ with multiple drug resistance (MDR) involving *Teladorsagia* sp., *Haemonchus* sp. and *Trichostrongylus* sp., was observed on sheep farms (Geurden *et al.*, 2014). In Germany, AR against Benzimidazoles, Moxidectin, Monepantel, and Levamisole, and a combination of Closantel and Mebendazole involving *H. contortus* was observed in small ruminant flocks (Voigt *et al.*, 2022).

Resistant strains of *H. contortus* have been reported in Australasia (Leathwick and Besier, 2014). Benzimidazole-resistant strains of *Haemonchus*, *Oesophagostomum*, and *Trichostrongylus* were reported in small ruminants in Bangladesh (Dey *et al.*, 2020). Benzimidazole-resistant strains of *Haemonchus contortus* were also detected among sheep and goats in India (Nath *et al.*, 2022). Multidrug resistance involving Ivermectin and Levamisole in *Trichostrongylus*, *Nematodirus* and *Trichuris* was also reported in Iraq (Dyary and Banaz, 2021). The broad spectrum of parasites that have developed resistant strains to most of the common anthelmintic compounds, especially BZ and ML, undermines the effectiveness of chemical control efforts, limiting treatment options for farmers, and threatening the productivity of grazing livestock globally (Waller, 1997, 2006; Sissay et al., 2006; Charlier et al., 2014). In Malaysia, the earliest report on anthelmintic resistance documented 34% Benzimidazole-resistant Haemonchus contortus from goat farms that frequently used anthelmintics (Dorny et al., 1994). Since then, the resistance of nematodes to multiple anthelmintics, including Benzimidazoles, Imidazothiazoles, Macrocyclic lactones, or combinations, was further documented all over West Malaysia (Chandrawathani et al., 1999). Currently, there is a significant body of published evidence documenting widespread anthelmintic failure involving the three major anthelmintics against pathogenetic nematodes such as Haemonchus contortus, Trichostrongylus, Oesophagostomum, and Bunostomum in Malaysia (Khadijah et al., 2006; Basripuzi et al., 2012; Premaalatha et al., 2014; Thongsahuan et al., 2014; Abubakar et al., 2015; Khadijah et al., 2018; Wong and Sargison, 2018; Baudinette et al., 2022). Thus, anthelmintic resistance has emerged as a significant threat to controlling gastrointestinal nematodes in small ruminant farms in West Malaysia. Although, anthelmintic resistance in Trichostrongyles of small ruminant is rampant in Peninsular Malaysia, to the best of our knowledge, there is no record of the anthelmintic resistance profile of pathogenic nematodes to common anthelmintics used by farmers in Sarawak.

There are currently three methods for detecting anthelmintic resistance in strongyle nematodes, viz: in vivo methods such as egg count reduction test (FECRT) and controlled test; in vitro methods such as egg hatch test (EHT), larval paralysis, migration and motility tests, larval development tests (LDTs), adult development test; and molecular techniques. In the past, the controlled test was widely used in ruminants and laboratory animals to investigate anthelmintic resistance in nematode populations, but the method is no longer used because it is costly and cumbersome and subject to animal welfare concerns (Taylor et al., 2002). The FECRT uses a mean faecal egg count reduction of 90% or less as the reference for resistance to anthelmintics by nematode populations of sheep and goats (McKenna, 1994; Coles et al., 2006). Interestingly, 89.7% of the studies included in this review employed the in vivo faecal egg count reduction test (FECRT), making it the most popular method for diagnosis of anthelmintic resistance in Trichostrongyle Nematodes of sheep and goats. Although the in vivo FECRT is still the most widely used method for detecting anthelmintic resistance in sheep and goats, there are several limitations in terms of its accuracy and reliability (Coles et al., 2006). Firstly, faecal egg count generates variable results due to random distribution of eggs in faecal samples and differences in egg output among individual animals due to host factors such as the age, breed, and health status of the animals, as well as environmental conditions (Paul et al., 2014). Secondly, the sensitivity of FECRT is limited because it may not detect marginal reductions in egg counts and may produce false positives/negatives due to variations in the sensitivity and specificity of the methods used (Torgerson et al., 2012). Thirdly, thresholds of <95% reduction in egg count and a lower 95% confidence limit below 90% for determining resistance may not effectively distinguish between resistant and susceptible nematode populations in all cases (McKenna, 1994). Furthermore, conventional FECRT analysis using McMaster egg count does not account for the aggregated distribution of parasite eggs among hosts, which can affect the precision of resistance detection when advanced statistical models such as hierarchical Bayesian models are not used in the interpretation of results (Paul et al., 2014). Finaly, the accuracy of the FECRT results relies on the skill of the personnel performing the test, the process is also time-consuming, and the pharmacokinetics of the anthelmintic in the host may negatively influence the results (Coles et al., 2006).

The EHT and the larval development test (LDT) are the two *in vitro* methods most commonly used for detecting anthelmintic resistance in *Trichostrongyle* nematodes of ruminants (Coles *et al.*, 2006; Mickiewicz *et al.*, 2021). The EHT is used mainly to detect benzimidazole (BZ) resistance by evaluating ovicidal activity of BZs at increasing dosages by measuring numbers of unhatched eggs (Coles *et al.*, 2006; Tsukahara

et al., 2017). In the EHT, nematode eggs are incubated at 26°C for 48 h in serial concentrations of BZ, and the number of eggs and hatched first stage larvae are counted to determine the ED50 or concentration of BZ producing 50% inhibition of hatching (Várady and Čorba, 1999; Babják et al., 2021). The LDT, which was developed for detecting anthelmintic resistance in sheep nematodes evaluates the ability of first-stage larvae (L1) to develop into infective third-stage larvae (L3) in the presence of various anthelmintic compounds (Taylor, 1990). The assay determines the minimum inhibitory concentration (MIC) required to halt larval development. A commercial LDT for the detection of resistance to Benzimidazoles and Imidazothiazoles in sheep and goat gastrointestinal nematodes is available as the DrenchRite® in Australia (Demeler et al., 2010). Both EHT and LDT have demonstrated comparable and reliable results for detecting BZ resistance and have an advantage over other techniques due to their higher sensitivity in identifying relatively small proportions (4%) of resistant worms in a population. The EHT and LDT are so far recognised as the most suitable in vitro methods for field screening of AR in small ruminant nematodes (Várady and Čorba, 1999). Although the EHT is a valuable tool for detecting resistance in nematode populations, its application is limited to Benzimidazoles. Moreover, while the LDT provides controlled conditions for assessing drug efficacy, it does not account for the host interactions such as immunity and pharmacokinetics, which can influence the in vivo activities of anthelmintics in different species. Other in vitro assays such as the larval paralysis assay with physostigmine and larval micro motility assay have been evaluated as potential methods for the detection of anthelmintic resistance in sheep and goats (Várady and Čorba, 1999), but the results are unreliable. Hence, the tests are rarely recommended for detecting anthelmintic resistance in Trichostrongyle nematodes of ruminants. The numerous limitations of in vivo and in vitro diagnostic tests and the guest for understanding the molecular basis of anthelmintic resistance stimulated the development of more precise and robust molecular diagnostics for the specific and early detection of anthelmintic resistance in Trichostrongyle nematodes.

Although only a small 15% of published reports included in this review used molecular methods for detecting anthelmintic resistance in small ruminant gastrointestinal nematodes, there is increasing interest in deploying molecular methods in detecting anthelmintic resistance to overcome the challenges associated with the use of in vivo and in vitro diagnostics in current use. A wide range of molecular testing platforms and assays such as diagnostic PCR, restriction enzyme digestion, direct sequencing, and pyrosequencing have been developed for detecting anthelmintic resistance in various species of Trichostrongyle nematodes of sheep and goats (Beech et al., 2012). Molecular tests focus on identifying genetic mutations associated with reduced drug susceptibility in parasitic nematodes (Kotze et al., 2020). Both conventional and real-time PCR assays have been developed to detect specific single nucleotide polymorphisms (SNPs) or mutations linked with resistance in various nematode species (Samson-Himmelstjerna, 2006). Polymerase chain reaction (PCR) techniques amplify DNA sequences containing known resistance-associated mutations (Beech et al., 2012). Currently, point mutations F200Y, E198A, E198L, and F167Y in the isotype 1 β-tubulin gene are the major determinants of resistance to Benzimidazoles and used as the primary targets of molecular diagnostics in many gastrointestinal nematodes of ruminants (Silvestre and Humbert, 2002; Palcy et al., 2010; Morrison et al., 2014; Baltrušis et al., 2018, 2020; Kotze et al., 2020). A specific q-PCR has been developed and is widely used to detect the expression pattern of P-glycoprotein (P-gp) homologue in Haemonchus contortus as a primary target for detecting anthelmintic resistance to Macrocyclic Lactone anthelmintics such as Ivermectin and Moxidectin (Luo et al., 2023). Allele specific PCR targeting mutation at the acr-8 sub-unit of the acetylcholine receptor (AChR) conferring a serine-to-threonine substitution (S168T) has been developed for the detection of AR to Imidazothiazole, Levamisole in Haemonchus (Antonopoulos et al., 2022). Currently, well-established molecular markers are available predominantly for benzimidazole resistance,

with ongoing research aiming to identify reliable markers for other anthelmintic classes. While these molecular diagnostics offer the advantage of early and precise detection of resistance, their effectiveness is contingent upon a comprehensive understanding of the genetic mechanisms underlying resistance to each drug class. Consequently, the development and implementation of molecular tests for field use are anticipated to progress as our knowledge of these genetic markers expands.

This study has shown that at least one mechanism of AR has been described in the three major anthelmintics classes associated with resistance in gastrointestinal Nematodes of sheep and goats. There are generally multiple independent origins of resistance and mixing of alleles by recurrent mutations associated with animal movements (Skuce et al., 2010). Early studies on the molecular mechanism of anthelmintic resistance were primarily focused on the Benzimidazoles (Taylor et al., 2002), which are the first broad-spectrum anthelmintics. Thus, the mechanism of resistance to BZs is well documented (Kotze et al., 2020). Haemonchus contortus, which is the most prevalent gastrointestinal Nematode of sheep and goats, has evolved multiple sources of resistance through recurrent mutations. A major breakthrough in understanding BZ resistance in nematodes was the discovery that specific polymorphism (s) in the  $\beta$ -tubulin gene are linked to resistance (Roos *et al.*, 1990), suggesting that Benzimidazole-resistant worm populations possess an altered, possibly reduced, complement of the β-tubulin genes (Taylor et al., 2002). Further studies reported a 1000-fold increase in resistance associated with all isotype 1  $\beta$ -tubulin alleles, and a portion of isotype 2 alleles, which harboured a glutamate-to-alanine substitution at position E198A (Rufener et al., 2009). Currently, it is known that point mutations F200Y, E198A, E198L and F167Y in the isotype 1  $\beta$ -tubulin gene are recognised as the major determinants of Benzimidazole resistance in Haemonchus and other Trichostrongyles of ruminants (Silvestre and Humbert, 2002; Palcy et al., 2010; Morrison et al., 2014; Baltrušis et al., 2018, 2020; Kotze et al., 2020). Benzimidazoles act by blocking the polymerization of microtubules in nematode worms (Samson-Himmelstjerna, 2006; Rufener et al., 2009). The inhibition of microtubule formation via  $\beta$ -tubulin binding causes the disruption of essential cellular functions such as cell division, shape and motility or intracellular substrate transport in parasitic nematodes (Samson-Himmelstjerna, 2006).

Mutation reduces BZ binding affinity to the beta-tubulin transport protein, diminishing its effectiveness against the parasite by decreasing concentrations at the target sites (Baltrušis *et al.*, 2020). Therefore, the effectiveness of BZs is threatened by the emergence of resistant parasites that carry point mutations in the  $\beta$ -tubulin gene (Beech *et al.*, 1994).

The primary targets of Macrocyclic Lactones such as Ivermectin and Moxidectin in parasitic nematodes is the glutamate-gated and GA-BA-gated chloride ion channels. The binding of Macrocyclic Lactones increases chloride ion permeability, leading to hyperpolarization of neuronal and muscle cells, resulting in paralysis and expulsion of the parasite (Samson-Himmelstjerna, 2006). The P-glycoprotein (P-gp) is also known to mediate ivermectin resistance in H. contortus. A higher P-gp mRNA expression coinciding with alterations in the P-gp genomic locus was observed in ivermectin-selected strains (Xu et al., 1998). An increase in P-gp expression increased drug transport and prevent drug access to its site of action (Beech et al., 2012). Transcriptomic analysis has also revealed differential expression of genes associated with neuronal function and chloride homeostasis, suggesting an adaptive response to ivermectin-induced hyperpolarization of neuromuscular cells in Haemonchus contortus. Notably, the transcription factor gene cky-1 was consistently upregulated in resistant populations, indicating its potential role in resistance mechanisms. Additionally, sex-specific differences were observed, including the upregulation of pgp-11 in resistant males. These findings enhance the understanding of ivermectin resistance and may inform strategies for managing anthelmintic resistance in parasitic nematodes (Laing et al., 2022).

The primary source of resistance to Imidazothiazole, Levamisole in

Haemonchus is a mutation at the acr-8 sub-unit of the acetylcholine receptor (AChR) conferring a serine-to-threonine substitution (S168T) (Antonopoulos et al., 2022). This alteration reduces sensitivity to levamisole by decreasing the acetylcholine receptor, reducing drug binding affinity to the receptor, and decreasing drug effectiveness in paralyzing the parasite (Antonopoulos et al., 2024). For Ivermectin a macrocyclic lactone, the P-glycoprotein (P-gp) homologue of Haemonchus contortus is thought to play a significant role in resistance (Luo et al., 2023). Increased expression of P-gap increases drug efflux and decreases drug concentration at target sites. Despite significant advances in our understanding of molecular mechanisms of resistance and the widespread application of novel molecular tools for detecting anthelmintic resistance (AR) in various gastrointestinal nematodes, reliable molecular markers that correlate well with AR are currently available only for the detection of benzimidazole resistance in Haemonchus and other Trichostrongyle nematodes (Beech et al., 2012).

## Summary of findings and future directions

This review highlights the widespread prevalence of anthelmintic resistance in Trichostrongyle nematodes of small ruminants, with Haemonchus contortus, Trichostrongylus, and Teladorsagia being the most resistant species globally. High resistance of pathogenic nematodes to Benzimidazoles, Macrocyclic Lactones, and Imidazothiazoles limits treatment options and increase economic burdens for farmers. Benzimidazole and Macrocyclic Lactones resistance is widespread in H. contortus, Trichostrongylus, Oesophagostomum, and Bunostomum in West Malaysia. Although the FECRT is the most used diagnostic test for the direct detection of anthelmintic resistant nematode populations, its reliability, reproducibility, sensitivity and ease of interpretation are questionable. Molecular methods, including PCR-based detection of resistance-associated mutations, offer promising alternatives for early detection. Key resistance markers include mutations in the  $\beta$ -tubulin gene for Benzimidazole resistance, the acr-8 gene for Imidazothiazole resistance, and increased P-glycoprotein (P-gp) expression for Macrocyclic Lactone resistance. Despite these advances, molecular markers for detecting resistance in many species, other than the well-studied Haemonchus contortus, are unknown, requiring further advanced research in this area. Future studies should focus on developing standardized molecular diagnostics for all known pathogenic Trichostrongyles and validating resistance markers for Macrocyclic Lactone and Imidazothiazoles for more efficient tracking of resistance. Additionally, integrated parasite management strategies, including targeted selective treatments (TST) and alternative sustainable non chemotherapeutic control methods, should be explored to reduce drug selection pressure and slow down the development of resistance. More epidemiological studies, particularly in underreported regions like Sarawak, are necessary to fully understand resistance patterns and guide sustainable treatment strategies for small ruminants in Malaysia.

## Acknowledgments

We would like to thank the staff of the Department of Animal Science and Fisheries, Faculty of Agricultural and Forestry Sciences and staff in the Bintulu and Miri Divisions of the Department of Veterinary Services Sarawak for their participation and contribution in the research work.

## **Conflict of interest**

The authors declare no competing interests.

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